

CHOOSING A HIKE

- Select a hike from the current list based on your realistic capabilities to handle the distance, elevation gain, degree of difficulty, and your ability to maintain a reasonable pace.
- A detailed trail map is a valuable reference for choosing a hike (e.g., "Green Trails Maps"* and others).
- Contact the Guide to register for a hike (see hike description for contact information).
- The latest time to register for a hike is 4:00pm on the day before the hike (unless otherwise specified).
- Discuss with the Guide the degree of difficulty if you are unfamiliar with the selected hike.
- Ask the Guide for the expected return time to S.C.O.V.
- Do not schedule any other appointments for the day of the hike since return times are rough estimates (especially for longer hikes).
- Tell the Guide if you are available to be a driver and the seating capacity of your vehicle.
- Privately inform the Guide, when you register for a hike, about any physical limitations or medical conditions that you have.
- The Guide has the discretion to accept or reject a hiker based on the Guide's determination of the hiker's capability to do the hike. Please accept the Guide's decision as final.
- The Guide may cancel a hike for weather or other considerations. Please accept the Guide's decision as final.

*"Green Trails Maps" may be purchased at Catalina State Park, Sabino Canyon, Summit Hut, REI, and web sites.